

GROUP PILATES TIMETABLE - DAW PARK

MON	TUE	WED	THU	FRI	SAT
8:30 AM Ella		8:30 AM Ella	8:30 AM Mahesh	8:30 AM Ella	8:30 AM Rhiannon
	9:30 AM Andrew	9:30 AM Rhiannon	9:30 AM Andrew	9:30 AM Mahesh	9:30 AM Sanjana
10:30 AM Mahesh	10:30 AM Sanjana	10:20 AM Ella	10:30 AM Andrew	10:30 AM Sanjana	10:10 AM Sanjana
4:30 PM Mahesh	4:30 PM Ella		4:30 PM Sanjana	1:00 PM Ella	
5:30 PM Andrew	5:30 PM Rhiannon	5:30 PM Andrew	5:30 PM Ella	4:20 PM Rhiannon	
6:30 PM Sanjana	6:20 PM Rhiannon	6:50 PM Mahesh	6:40 PM Sanjana		



corephysio.com.au



Please note that class times & instructors are subject to change.